



# November 2017

WEST

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|    | Monday   | Tuesday   | Wednesday                    | Thursday                               | Friday   | Saturday  |
|----|--|---|------------------------------|--|--|---|
| 29 | 30<br>Form   | 31<br>Technique                                     | 1<br>Self Defense            | 2<br>Sparring                          | 3<br>Form  | 4<br>Technique  |
| 5  | 6<br>Technique<br>Master's Cup<br>Week 4                 | 7<br><u>Board Breaking</u><br>Bring a<br>Friend Day | 8<br>Sparring                | 9<br>Form                              | 10<br>Technique                                      | 11<br>Self Defense                                    |
| 12 | 13<br>Self Defense<br>Master's Cup<br>Week 5             | 14<br>Sparring                                      | 15<br>Form                   | 16<br>Technique                        | 17<br><u>Board Breaking</u><br>Bring a<br>Friend Day | 18<br><u>Belt Testing</u><br>East Side<br>Morning TBD |
| 19 | 20<br>Sparring<br>Team Matches<br>East Side              | 21<br>Form  | 22<br>Technique<br><br>CAMP! | 23<br>CLOSED<br>Happy<br>Thanksgiving! | 24<br>CLOSED   | 25<br>CLOSED  |
| 26 | 27<br><u>Board Breaking</u><br>Team Matches<br>East Side | 28<br>Technique                                     | 29<br>Self Defense           | 30<br>Sparring                         | 1<br>Form  | 2<br>Technique  |

**Belt Testing - Saturday November 18th**

**Christmas Crunch - Sunday December 17th**

**Annual Awards Banquet - January 27th, 2018**

|              |              |                                   |                                   |                                  |                      |                          |
|--------------|--------------|-----------------------------------|-----------------------------------|----------------------------------|----------------------|--------------------------|
| BB Club Kids | 6:00 - 7:20  | 5:15                              | 6:00                              |                                  |                      | 11:15                    |
| BBC Adults   | Sparring     | 6:45                              | 7:30                              | 7:15                             |                      | 11:15                    |
| M. Club      | League       | 6:45                              |                                   | 7:15                             | 6:45                 |                          |
|              | Monday       | Tuesday                           | Wednesday                         | Thursday                         | Friday               | Saturday                 |
|              |              |                                   |                                   | 1:00<br>Adult Class              |                      | 10:00<br>Tots            |
|              |              | 4:00<br>Kids                      |                                   | 4:00<br>Kids                     |                      | 10:30<br>Kids            |
|              | 4:30<br>Tots | All Belts                         |                                   | All Belts                        |                      | All Ranks                |
|              | 5:00<br>Kids |                                   | 4:45<br>Tots                      |                                  | 4:45<br>Tots         | 11:15<br>Adults          |
|              | All Belts    | 5:15<br>Kids Blue<br>to Black     | 5:15<br>Kids Novice               | 5:15<br>Tots                     | 5:15<br>Girl's Only  | All Ranks                |
|              |              | 6:00<br>Family<br>Class           |                                   | 5:45<br>Family<br>Class          | 6:00<br>Teens/Adults | 12:00<br>Family<br>Class |
|              |              | 6:45<br>Adults Prple<br>and Under | 6:45<br>Adults Prple<br>and Under | 6:30<br>Youth 11-16<br>All Belts | 6:00<br>All Ranks    |                          |